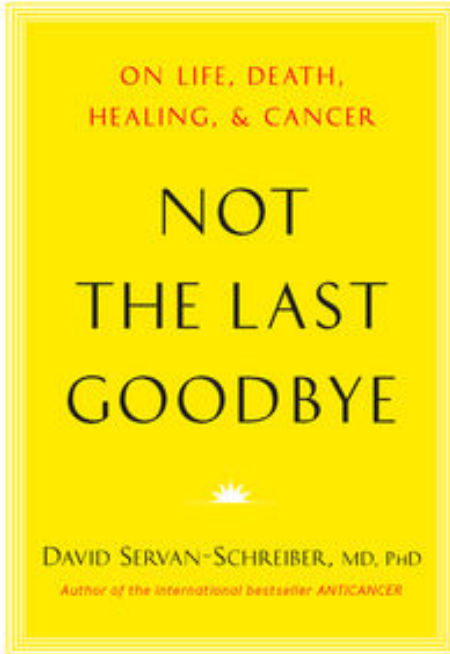


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Fully aware of what the prognosis means, he redoubles his commitment to an *Anticancer* diet, and complements his chemotherapy, radiotherapy, and vaccine protocols with acupuncture and yoga. At the same time, he undertakes a close assessment of his own life, realizing that he has neglected a key piece of *Anticancer* advice-to create a stress-free life; instead he had embarked on an international tour to take his message to the public. Nevertheless, he concludes that he would not have done it any differently.

In this book, Servan-Schreiber raises many of the most complex and personal questions about how we live and how we prepare for death. Powerful, honest, and inspiring, he continually surprises with his thoughts on what's important in life and the meaning of death.

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