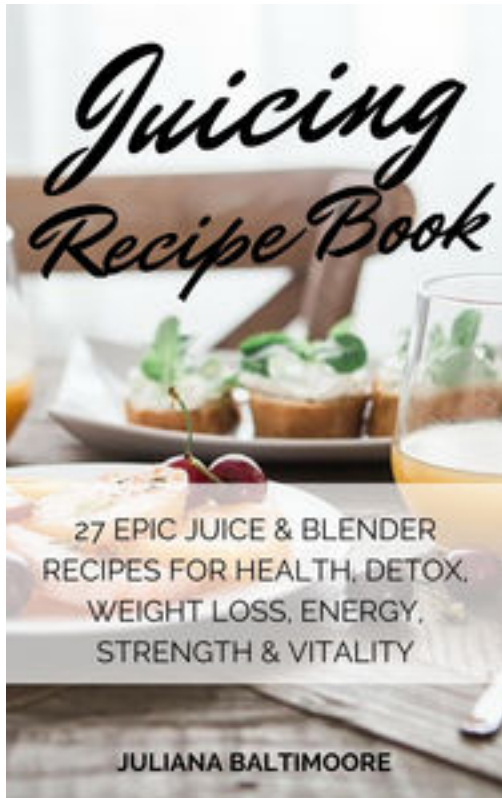


# Download Juicing Recipe Book: 27 Epic Juice & Blender Recipes For Health, Detox, Weight Loss, Energy, Strength & Vitality Free eBook PDF/ePub/Mobi - Juliana Baltimore



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in most of the cases in about 5 minutes max. She shows you some amazing recipes that are boosting your immune system, restoring your body's natural ability to heal itself, energizing and regulating your hormones, helping neutralize free radicals in our body and brain, satisfying your daily supply of the cancer fighting mineral selenium, treating fungal bacteria in the body like candida, boosting your energy level to fight against fatigue and illnesses, losing some weight and become lean, burning fat, and many health benefits! Applying all of these recipes in combination with her secret morning elixir (which is included in this compilation), a daily consumption of smoothies, and a light nutritious meal plan, Juliana was able to achieve her health & weight loss goals in a very short time. If you, too, want to replace the common and sick making food options with these delicious juicing drink solutions that are tasty, 5 minute easy to make, and that are going to make your body lean and clean, you owe it to yourself to get into juicing. In the first book, you will discover Juliana's Secret Morning Elixir and all the juicing recipes that she followed during her Juicing Diet. She combined juices with smoothies and a light nutritious daily mealplan, and has been able to lose 40 lbs in a period of two months. She shows how applying a combination of these delicious healthy juicing recipes for vitality and health helped beat her breathing and Asthma problems that she has been suffering from for countless years. Inside you will learn what juicing can do for your own vitality and health. These are just some of the health benefits that come with a daily juicing habit: Vitality Energy Rejuvenation Weight Loss (Juliana lost 40 lbs in two month with a combination of juicing and drinking smoothies) Anti-Aging Beautiful from the Inside Out Antioxidants Alzheimer's Prevention

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~~Asthma Help (Juliana suffered from Asthma for many years and was finally able to get rid of it)~~ Blood Cleanse Arthritis Prevention Bone Protection Cancer Prevention Cervical Cancer Prevention Breast Cancer Prevention Colon Cancer Prevention Liver Cancer Prevention Lung Cancer Prevention Prostate Cancer Prevention Cataracts Prevention Ovarian Cancer Prevention Stomach Cancer Prevention Digestion Detoxification Digestion Heart Disease Prevention Immune System Improving Eyesight Improved Complexion Increased Blood Circulation Kidney Cleanse Increased Libido Liver Cleanse Lower Blood Pressure Lower Cholesterol Macular Degeneration Prevention Mental Health Pain Relief Reduce Inflammation Stroke Prevention and an unlimited amount of other health benefits! Juicing is a simple to acquire skill and if you turn this skill into a habit, you will be able to live a healthy, fit, clean, lean, toxin-free and vital life from the inside out. Keep the doctor away & Double Your Health & Happiness Today...

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