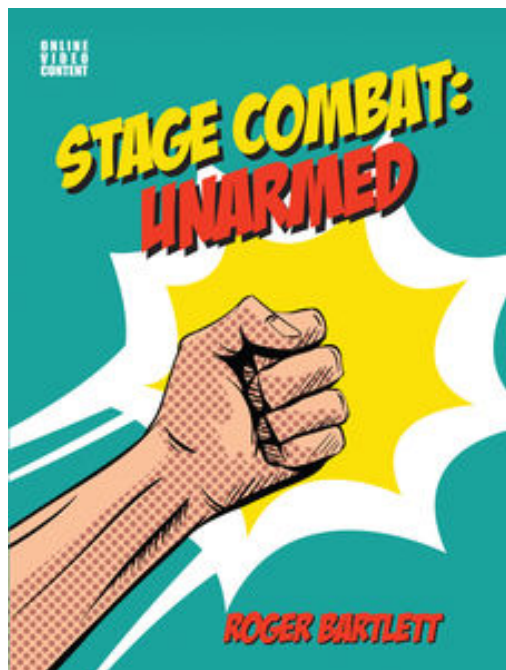


# Download Stage Combat: Unarmed (with Online Video Content) Free eBook PDF/ePub/Mobi - Roger Bartlett



Download or Read Online Stage Combat: Unarmed (with Online Video Content) Roger Bartlett Free eBook PDF/ePub/Mobi/Mp3/Txt, 'This is a book about how to beat the living daylights out of another human being safely...'

Roger Bartlett - professional fight director and Master Teacher for the British Academy of Stage & Screen Combat - leads you through everything you need to know in order to create and perform unarmed stage fights that are compelling, realistic and, above all, safe.

Starting with the essential concepts, including Victim Control and Reversal of Energy, you will learn how to perform all of the following moves:

Slapping Punching Kicking Strangling Pulling and Pushing  
Falling Locking Blocking

Each technique is clearly described, extensively illustrated, and accompanied by online videos demonstrating it in slow motion and at full speed. Also included are chapters on understanding and conveying your character's pain, and creating and rehearsing your own fight sequence.

For those already trained in stage combat, it will serve as a comprehensive reminder of what you have learned, and supplement your ongoing training. For amateur, fringe and student companies, the book offers a thorough understanding of the practicalities of staging a fight, but also helps you to recognise when you may need to call upon the services of a qualified professional.

Whatever your current level of experience, Stage Combat: Unarmed is the essential book for directors, actors, students and teachers, or indeed anyone looking to incorporate safe, effective stage fights into their productions.

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