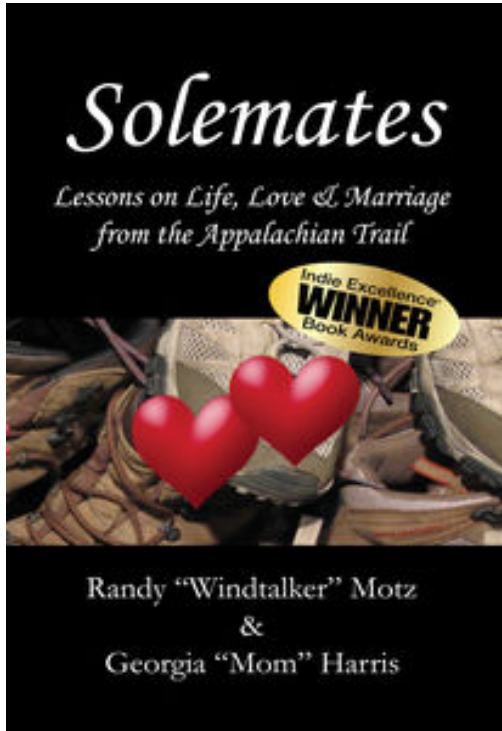


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What happens when a middle-aged couple with no previous backpacking experience, decides to test their 14-year marriage and spend six months hiking the Appalachian Trail from Georgia to Maine in one continuous hike? Will their motto of "Quitting is not an option" be a blessing or a curse?

Travel with "Windtalker" and "Mom," as they wrestle with their personal weaknesses and capitalize on each other's strengths; and in doing so, gain a deeper understanding of what it takes to make and keep a marriage strong.

"Solemates" is not a daily chronicle of trail life but rather a candid, introspective and sometimes humorous look into the range of emotions experienced during the pursuit of such a life-changing adventure. It is a warmhearted journal depicting

lessons in love, perseverance, human nature, compassion, understanding, and teamwork. Their stories, and those of their thru-hiking companions, reveal insights into the human spirit and refreshing perspectives on what is truly important in life.

"No one has explored thru-hiking as a couple as thoroughly as have Randy Motz and Georgia Harris..an engaging account of thru-hiking the trail along with a half dozen other couples...a significant contribution to the A.T. literature..." --Larry Luxemberg - Author of "Walking the Appalachian Trail"

".....an engaging and inspirational memoir of self-enrichment and enduring love.....a joy to read....will leave you planning your own outdoor adventure." --Brooke Kenny - The Gazette Newspapers

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