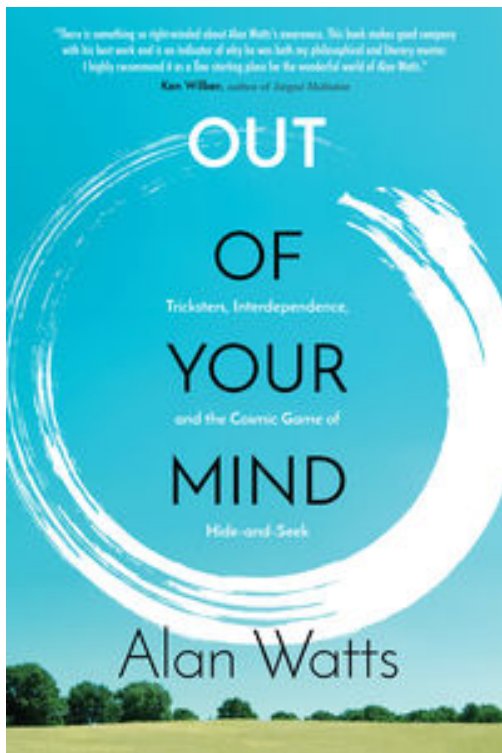


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For those both new and familiar with Watts, this book invites us to delve into his favorite pathways out of the trap of conventional awareness, including:

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- How we come to believe “the myth of myself”—that we are skin-encapsulated egos separate from the world around us—and how to transcend that illusion
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