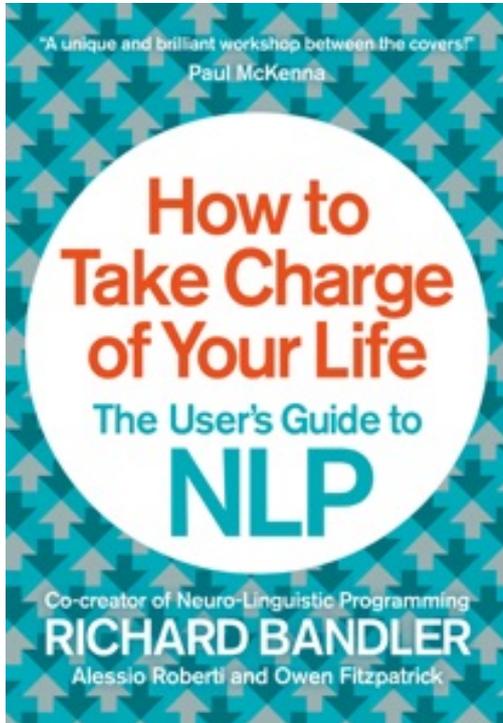


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Richard Bandler - the world-renowned co-creator of NLP who has helped millions around the world change their lives for the better - has teamed up once again with Italian NLP Master Trainer Alessio and co-founder of the Irish Institute of NLP Owen, to offer a simple yet engaging introduction to the groundbreaking ideas of NLP.

Written in the form of a fable, How To Take Charge Of Your Life is the prequel to The Ultimate Introduction to NLP. Once again Bandler invites readers into his workshops and illustrates the theories and techniques he has spent years

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Reviews

'Richard Bandler is a Leonardo of our times. He is one of our living greats.' The Guardian Weekend

About the author

Richard Bandler is one of the greatest geniuses of personal change. He is the man who co-invented Neuro Linguistic Programming (NLP) and is Paul McKenna's self-confessed guru. He holds courses and workshops all over the world, including in the UK and the USA.

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