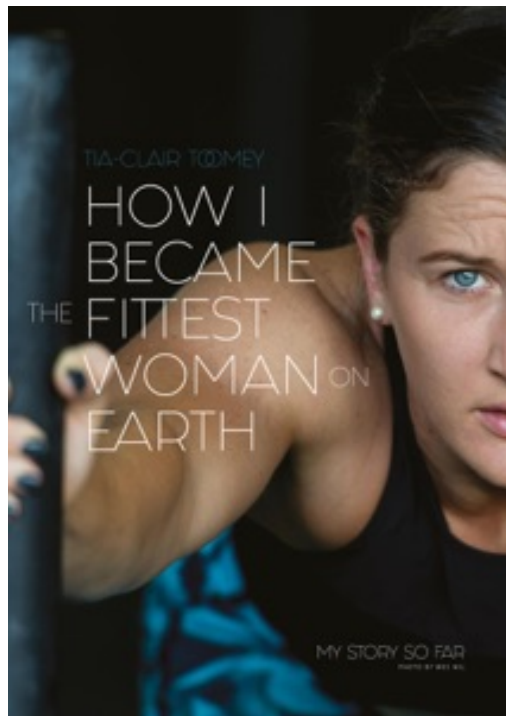


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The day I finally came first was something I had always dreamed of. At twenty-four years old, I was crowned the winner of the 2017 Crossfit Games and officially became the Fittest Woman on Earth. When I heard my name called in front of thousands of cheering fans, I felt like I was invincible. I was on top of the world and suddenly everything up until that point actually made sense.

With the support of my partner, Shane, my family and my coaches along the way, I was able to achieve my dream of being number one. This is the story of how I got to where I am today. I hope you enjoy it but more importantly I hope it inspires you to dream big, work hard and never give up!

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