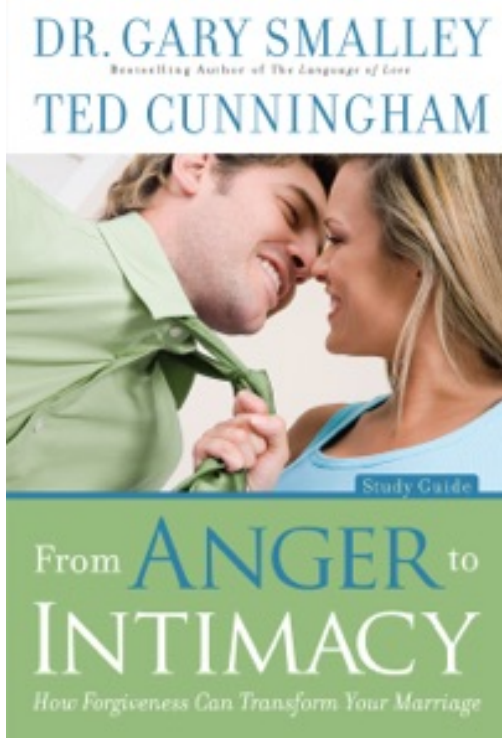


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Now couples can learn the skills to:

- resolve conflict, hurt, and pain in a healthy way
- master their internal buttons so as to overcome feelings of anger, frustration, and rage
- use five specific tactics to deal with anger and rage when they rear their ugly heads
- walk in the freedom God intends by learning the three essentials of forgiveness and five keys to nurturing a forgiving spirit
- craft the perfect apology
- remove the roadblocks to forgiveness once and for all
- break sexual addiction and heal after an affair
- and find answers to big questions about anger and forgiveness in their marriage

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