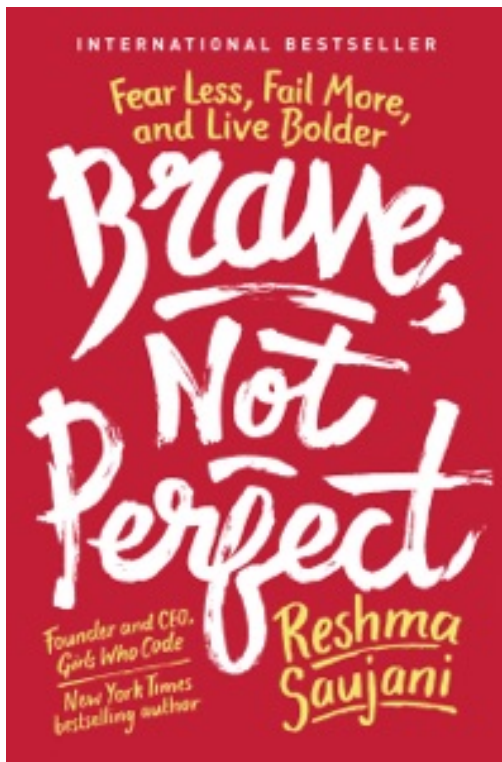


Download Brave, Not Perfect Free EBook PDF/ePub/Mobi - Reshma Saujani



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In a book inspired by her popular TED talk, *New York Times* bestselling author Reshma Saujani empowers women to embrace imperfection and bravery.

Imagine if you lived without the fear of not being good enough. If you didn't care how your life looked on Instagram, or worry about what total strangers thought of you. Imagine if you could let go of the guilt, and stop beating yourself up for tiny mistakes. What if, in every decision you faced, you took the bolder path?

Too many of us feel crushed under the weight of our own expectations. We run ourselves ragged trying to please everyone, all the time. We lose sleep ruminating about whether we may have offended someone, pass up opportunities that take us out of our comfort zones, and avoid rejection at all costs.

There's a reason we act this way, Reshma says. As girls, we were taught to play it safe. Well-meaning parents and teachers praised us for being quiet and polite, urged us to be careful so we didn't get hurt, and steered us to activities at which we could shine.

As a result, we grew up to be women who are afraid to fail. It's time to stop letting our fears drown out our dreams and narrow our world, along with our chance at happiness.

By choosing bravery over perfection, we can find the power to claim our voice, to leave behind what makes us unhappy, and go for the things we genuinely, passionately want. Perfection may set us on a path that feels safe, but bravery leads us to the one we're authentically meant to follow.

In *Brave, Not Perfect*, Reshma shares powerful insights and practices to help us let go of our need for perfection and make bravery a lifelong habit. By being brave, not perfect, we can all become the authors of our biggest, boldest, and most joyful life.

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If you realize your brave, not perfect so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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