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## THE HAPPIEST BABY ON THE BLOCK

The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer

**“The best way I’ve ever seen to help crying babies.”**—Steven P. Shelov, M.D., editor in chief, American Academy of Pediatrics’ *Caring for Your Baby and Young Child*

With Dr. Karp’s sensible advice, you will be able to soothe even the fussiest infants and increase their sleep. His highly successful method is based on four revolutionary concepts: The Fourth Trimester (re-creating the womblike atmosphere your newborn still yearns for), The Calming Reflex (an “off switch” all babies are born with), The 5 S’s (five easy methods to turn on the calming reflex), and The Cuddle Cure (combining the 5 S’s to calm even colicky babies).

## THE HAPPIEST TODDLER ON THE BLOCK

How to Eliminate Tantrums and Raise a Patient, Respectful, and Cooperative One- to Four-Year-Old

**“An informative and engaging romp about toddlers. Roll over, Dr. Spock.”**—*The New York Times*

Dr. Karp provides fast solutions for molding toddler behavior by combining his trademark tools of Toddler-ese and the Fast-Food Rule with a highly effective new *green light/yellow light/red light* method. As you learn how to boost your child’s good (*green light*) behavior, curb his annoying (*yellow light*) behavior, and immediately stop his unacceptable (*red light*) behavior, you will be able to alleviate stormy outbursts with amazing success—and better yet, prevent these tantrums before they begin.

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