Download Graceful Exit Free EBook PDF/ePub/Mobi - Gustavo Ferrer

Download or Read Online Graceful Exit Gustavo Ferrer Free eBook PDF/ePub/Mobi/Mp3/Txt, When we are thrust into the role of caregiver for a loved one who is in the process of dying, it's easy to get overwhelmed. Yet it's a situation millions of us face every year with virtually no sort of preparation or guidance. With *Graceful Exit*, Dr. Gustavo Ferrer offers an all-in-one resource for anyone tasked with managing the end-of-life care of a loved one.

Dr. Ferrer shares the essential steps we need to take in a way that can be tailored to our unique situation. Through checklists, plans, and step-by-step instructions reflecting his years of experience supporting patients and their families, Dr. Ferrer offers clear and compassionate guidance for the most difficult issues, including:

• What are your rights under Medicare and health insurance?
• When should you bring your family together?
• How can you be a caregiver without burning yourself out?
• What are the pros and cons of advanced medical treatment versus hospice at each end-of-life stage?
• Most importantly, how do we say goodbye in a way that brings healing, closure, and peace?

It's the last news we want to hear—that someone we love is dying. Yet it's an inevitable part of life. With *Graceful Exit,* Dr. Ferrer offers this much-needed guide through the medical, legal, financial, emotional, and spiritual dimensions of dying and death.

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